

Resources available to YOU in Grant County

EMERGENCY:

Fire / Police / Ambulance / Sheriff

911

Poison Control	800-222-1222
Mental Health Crisis: ADULT (evening, weekends, holidays)	800-223-4512
ADULT (M-F business hours)	218-736-6987
Mental Health Crisis- CHILDREN (evening, weekends, holidays)	701-364-0431
Ashby Police	218-747-2176
Elbow Lake Police	218-685-6390
Grant County Sheriff	218-685-8280

EDUCATION: - Early Childhood (ECFE Head Start, School Readiness), Elementary, Secondary

Ashby Public Schools	218-747-2257
www.ashby.k12.mn.us	
Herman-Norcross Community Schools	320-677-2291
http:\herman.mn.schoolwebpages.com	
West Central Area North Elementary-Elbow Lake	218-685-4477
West Central Area South Elementary-Kensington	320-965-2724
West Central Area Secondary-Barrett	320-528-2520
http:\www.westcentralareaschools.net	
Head Start – West Central MN Communities Action	218-685-4486

HEALTH—Physical Health

Alexandria Clinic – Alexandria	320-763-5123
Douglas County Hospital – Alexandria	320-762-1511
Herman Clinic	320-677-2220
Lake Region Health Care — Fergus Falls	218-736-8000
Lake Region Health Care-Ashby Clinic	218-747-2293
Prairie Ridge Hospital & Health Services	<i>Toll Free</i> 888-818-4461
Elbow Lake Campus & Hospital	218-685-4461
Ashby Campus	218-747-2293
Evansville Campus	218-948-2040
Hoffman Campus	320-986-2038
Morris Campus	320-589-4098
Sanford Health- Alexandria	320-762-0399
Stevens Community Medical Center-Morris	320-589-1313

HEALTH-Mental Health

Lakeland Mental Health Center –	Alexandria	320-762-2400
	Fergus Falls	218-736-6987
	Glenwood	320-634-3446
Life Center Mental Health—Morris		320-589-7625
	Crisis Line	<i>Toll Free</i> 800-568-5955
Lutheran Social Service –Alexandria		320-762-5124
-Fergus Falls		218-736-5431
Prairie St. John’s – Fargo, ND		701-476-7216
Solutions Behavioral Healthcare Prof. – Alexandria		320-762-5411
The Village Family Services-Alexandria		320-762-8851

HEALTH -Dental

Children’s Dental Outreach Clinics:	877-998-2218
Caring Hands Dental Clinic (Alexandria) – community dental access clinic	320-815-5711

HELPFUL LINKS

*Bridge to Benefits-Programs you may be able to access	www.mn.bridgetobenefits.org/
*Grant County website	www.co.grant.mn.us
*Grant County Child & Youth Council website	www.co.grant.mn.us/chilyouth.asp
*MN Parents Know-Info for parents of children ages birth thru age 18	www.parentsknow.state.mn.us
*Disability LinkAge Line	<i>Toll Free</i> 866-333-2466
*Senior LinkAge Line	<i>Toll Free</i> 800-333-2433
*Veterans LinkAge Line	<i>Toll Free</i> 888-546-5838

FAMILY SUPPORTS AND RESOURCES

ARC West Central MN (<i>Advocacy Resources, Connections for persons with intellectual and/or developmental disabilities</i>)	218-233-5949		
Caring Neighbors Free Mission – Ashby ~free store: clothing, toys, household items, appliances. Open 2 nd & 3 rd Fridays & Saturdays	218-589-8655		
Child Care Aware of MN	320-759-3993		
~Child Care Listings & Support for Child Care Providers	<i>Toll Free</i> 877-724-9430		
Family Planning			
Alexandria Planned Parenthood	320-762-0766		
Birthright – Alexandria	320-762-1224		
Health Resource Life Care Center-Fergus Falls	218-736-6050		
Healthy MN-Family Planning	877-275-6123		
Food Shelf—Grant County (Elbow Lake)	218-685-4176		
Food Shelf- Hoffman-Kensington (Hoffman)	320-249-2183		
Grant County Child & Youth Council	218-685-4587		
<i>Family Services Collaborative & Early Childhood Initiative</i>			
**“Look What I Can Do!” early developmental screenings			
Grant County Housing & Redevelopment Authority	218-685-8240		
Grant County Social Services	218-685-8200		
*Children’s Mental Health	*Cash Assistance	<i>Toll Free</i>	800-291-2827
*Emergency Assistance	*Minnesota Care	*Subsidized Child Care	
*Food Support	*Child & Adult Protection	*Child Care Licensing	
*Medical Assistance	*Parent Support Outreach Program (PSOP)		
Library (Thorson Memorial) – Elbow Lake	218-685-6850		
MAC (Mothers and Children) Food Assistance Program	218-685-8200		
NAPS (Nutrition Assistance Program for Seniors)			
Northern Connections –	<i>Toll Free</i>	877-346-4624	
*Assistance in connecting to resources			
Public Transportation - Rainbow Rider	<i>Toll Free</i>	800-450-7770	
-Grant Co. Volunteer Driver Program		218-685-8200	
Salvation Army – Grant County Unit *Emergency Services		218-685-4486	
Some Place Safe ~ advocacy services for victims of domestic violence,		218-685-4203	
24-Hour Crisis Hotline		800-974-3359	
Stevens Traverse Grant Public Health –Elbow Lake		218-685-8295	
*CTC (Child & Teen Check-Ups)	*Family Planning Program		
*Follow Along—Ages and Stages	*WIC Program		
*Pre-school Screenings	*Prenatal and Postpartum Home Visits		
Thrift Store – Bargain Bazaar – Elbow Lake		218-685-4236	
University of MN Extension		218-685-4820	
*Nutrition Education Program	*4-H Youth Development		
Veterans Services Officer		218-685-4801	
West Central MN Communities Action		218-685-4486	
www.wcma.org	<i>Toll Free</i>	800-492-4805	
*Head Start	*Community Resource Book: www.wcmca.org/documents/12-13ResourceBook.pdf		
*Energy Assistance and Housing	*Homeless Prevention		
*Free Tax Clinics	*Foreclosure Prevention	*RSVP – Retired & Senior Volunteer Program	
Work Force Center - Fergus Falls		218-739-7560	
Work Force Center – Alexandria		320-762-7800	